

Unit: Sex Education

Lesson Plan Title: HIV and AIDS

National Health Education Standards Addressed:

1. Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
2. Standard 2: Students will analyze the influence of family, peers, media, culture, technology and other factors on health behavior.
3. Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
4. Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

General Goal(s):

1. To make the students aware of what HIV/AIDS are, how they are contracted, and the ways to avoid them.

Specific Objectives:

1. For the students to identify the difference between HIV and AIDS.
2. For the students to understand the different ways that HIV can be contracted and at what point it develops into AIDS.
3. For the students to understand the ways that HIV/AIDS can be prevented and what to do if you feel you or someone you know has been infected.

Required Materials:

1. Classroom Whiteboard
2. Health Textbook "Teen Health"
3. Worksheet "AIDS-Infected Immune System" (SE-46)
4. Worksheet "How the AIDS Virus Can Affect You" (SE-49)

Anticipatory Set (Lead-In):

- When the students enter the room they will follow the instructions on the whiteboard which will ask them to get their health textbook.

Step-By-Step Procedures:

1. Once the student's have all picked up their textbook and sat down I will quickly begin the lesson. I will start by explaining to the students that today's lesson will be on the topic of

HIV/AIDS. I will start by defining each on the board so the student's will understand the differences between the two.

2. I will then have the student's turn to page 464 in their textbooks, which is lesson 5 on HIV/AIDS. As a class, we will read through the lesson as a way to preview the important information for today's lesson highlighting the key points as we go.
3. Following reading through Lesson 5 together, I will check for the student's understanding by having them complete the first worksheet titled, "AIDS-Infected Immune System" (SE-46). They will complete this worksheet in pairs.
4. Once they have completed the first worksheet, I will hand the same groups the second worksheet titled, "How the AIDS Virus Can Affect You" (SE-49). I will be walking around the class at this time to answer any questions they might have.
5. Once both worksheets have been completed I will finish up the class by giving the student's their final quiz of the unit on STI's and HIV/AIDS.

Closure:

1. The last few minutes of the class will be spent answering any questions that the students might have on STI's and HIV/AIDS before they take the quiz.

Assessment Based On Objectives:

1. The assessment for today will be on the participation of the student's during the discussion, their completion of the worksheets during the lesson, and their grade on the quiz.